

Cristina Gallo

Certified Pilates Instructor

E-mail: galliocristina@gmail.com

EXPERIENCE:

Pilates Instructor

Dec 2005- June 2009

Uptown Pilates
136 W 72nd St., New York, NY 10023

April 2004- June 2009

Reebok Sports Club
160 Columbus Avenue, New York, NY 10023

Jan 2004- Nov 2005

Be Yoga
37 W 65th St, 4th Fl, New York, NY 10023

June 2000 – April 2004

The Pilates Studio
2121 Broadway suite 201, New York, NY 10023

Sept 1999 – June 2000

The Art of Control
37 West Main Street Mt. Kisco, NY 10549

Aug 1998 – Aug 1999

Goodson Parker Wellness Center
30 East 76th Street New York, NY 10021

Jan 1998 – Aug 1998

Drago's Gymnasium, Inc.
50 West 57th Street New York, NY 10019

TV and magazines

Jan 2004

Featured in a Pilates special with Martha Stewart in Martha Stewart Living Television

Feb 2001

Article in Self Magazine as journalist's Pilates teacher

Nov 2000

Featured in a Pilates demonstration at Oxygen TV - Show

Professional Ballet Dancer

Sept 1994-Dec 1994

Opera de Nice
Nice, France

Aug 1993-Aug.1994

Ballet National de Marseille Roland Petit
Marseille, France

EDUCATION:

May 2012

The 9th Hong Kong International Orthopaedic Forum:
" Orthopaedics and Pain"

June 2008

Functional Anatomy for Movement and Injuries
Mount Sinai Medical School, New York NY

Sep 2003 – Apr 2004

Kinesthetic Anatomy Course
Irene Dowd, NY, NY

Aug 1998 - May 2000

Dance Space Inc.
451 Broadway 2nd Floor, NY, NY 10013

July 1997 - June 1998

Pilates Instructor Certification - The Pilates Studio®

2121 Broadway Suite 201, NY, NY 10023

Sean Gallagher PT, Director

Romana Kryzanowska, Master Teacher

Feb 1999

Laban Bartenieff Institute of Movement Studies

234 5th Avenue, NY, NY 10001

Workshop-Anatomy & Kinesiology

Sept 1995 - Mar1997

Università di Padova, Facoltà di Scienze dell'Educazione

Padova, Italy

Aug 1991 - July 1993

Schweizerische Ballet Beruff-Schule

Professional Ballet School

Zurich, Switzerland

LANGUAGES:

Italian mother tongue, fluent in English, French